

Alcohol, Tobacco and Other Drug

*Video Catalog
Update*

Spring 2002

Maine Office of Substance Abuse
Information and Resource Center
Behavioral and Developmental Services

1-800-499-0027 or

(207) 287-8900

TTY: 1-800-215-7604 or

(207) 287-4475

FAX: (207) 287-8910

159 State House Station
A.M.H.I. Complex, Marquardt Bldg.
Augusta, ME 04333-0159

E-Mail: osa.ircosa@state.me.us

Web: www.state.me.us/bds/osa/irc

This publication contains a partial listing of videos housed at the Information and Resource Center (IRC) at the Maine Office of Substance Abuse. For a complete listing of book and video holdings, visit our library catalog at:

www.state.me.us/bds/osa/irc

Video search instructions and subject headings are included on the last page of this catalog.

The IRC serves all citizens in Maine.

Individuals may borrow books, or obtain pamphlets and other resource materials.

Videos are loaned free of charge to any organization in the State

In accordance with federal and state laws, the Department of Behavioral and Developmental Services does not discriminate on the basis of sex, race, religion, color, national origin, creed, disability or age, in admission or access to treatment, services or employment in its programs and activities. This publication may be made available in alternate formats upon request.

ADDICTED (48 HOURS)

Grade Level: Adult

Details: 50 min., 2001, CBS Video

Synopsis: This 48 Hours presentation states that more than nine million Americans abuse prescription medication. The Drug Enforcement Administration says OxyContin abuse has grown faster than abuse of any other prescription medication. OxyContin, a powerful narcotic, is helping millions of chronic pain sufferers, but is also causing pain and suffering to thousands more. This report features a 22-year-old OxyContin abuser with a \$300-a-day-addiction that started in 1997. Struggling to kick the habit, with the support of his family, he travels from his home in Maine to California, to undergo a radical treatment called rapid detox. It also features two women; one who feels the drug is crucial to deal with her chronic pain, the other who feels that she was set up for addiction to the drug from using as prescribed.

THE ADDICTED BRAIN

Grade Level: Senior High, College, Adult

Details: 26 min., 1987, Kinetic

Synopsis: This documentary takes viewers on a tour of the world's most prolific manufacturer and user of drugs – the human brain. The biochemistry of the brain is responsible for joggers' highs, for the compulsion of some people to seek thrills, for certain kinds of obsessive-compulsive behavior, even for the drive to achieve power and dominance.

ADDICTION IN THE FAMILY: THE DOMINO EFFECT

Grade Level: Adult

Details: 28 min., 1998, Kinetic

Synopsis: Not only is the family deserving of recovery -- their recovery has a direct impact on the ongoing recovery of the addicted person. Dr. Claudia Black presents three particular areas that impact the family: *Powerlessness, Unmanageability, and Tough Love*. This video has been produced so that it can be shown in an interactive format where the video can be stopped at two cues for a short discussion on issues that have just been covered.

ALCOHOL: THE SUBSTANCE, THE ADDICTION, THE SOLUTION

Grade Level: Adult

Details: 44 min., 1998, Hazelden

Synopsis: Recovering alcoholics, a treatment psychologist, and a physician speak candidly about the causes and effects of alcoholism and the challenges of recovery. First we learn about the symptoms of alcoholism, such as loss of control and denial, as well as the effects of alcohol on the brain and body. Later in the video, recovering addicts speak of remarkable personal triumphs they've gained through recovery.

ALCOHOL: WHAT YOU DON'T KNOW

Grade Level: 9-12, College, Adult

Details: 29 min., 1996, In the Mix/PBS

This video takes a realistic look at drinking. It features interviews with teens who are recovering alcoholics and a guy who paid a high price for drinking and driving: he was left partially brain damaged from an accident. Two 21-year olds test the physical effects of alcohol on the body as they drink and drive under supervision of the police and a doctor. They dispel myths about alcohol and ways to sober up. Other segments show a high school program where upperclassmen hold workshops on drinking for younger students, and what really goes on at a police sobriety checkpoint.

ALIBI VS. DENIAL (Delbert Boone)

Grade Level: Adult

Details: 42 min., 2000, GW C

Synopsis: Healthcare professionals often say that addicted clients are in "denial". If that were actually true, then the addict would have no idea that their life was falling apart due to their use of mind-altering chemicals. They would not know that they had lost a job or their lights were turned off, or their family had put them out. Sounds absurd, doesn't it? Addicts know they are in trouble and they fight desperately to give you reasons why. If you listen to them closely you'll find out that what we label as "denial" is actually an alibi. Alibis are different from denial and should be handled in a different manner. Alibi vs. Denial explores the differences between alibi and denial and how it impacts treatment outcomes.

AT THE TABLE: YOUTH VOICES IN DECISION MAKING (PTS. 1 & 2)

Grade Level: 9-12, Adult

Details: 10 min., Youth on Board

Synopsis: This video helps organizations understand the value of including youth as full partners in decision-making. In part 1, young people share their reasons for deciding to serve their communities as decision-makers. Adults give their honest reactions to working in partnership with youth in governance and what they have learned from the process. In part 2, youth and adults share their thoughts on common issues organizations face when involving youth as full partners.

BRAIN PATHWAYS: THE HEART OF DRUG DEPENDENCE

Grade Level: Adult

Details: 37 min., 2001, Meadows Publishing

Synopsis: Using "P.E.T." brain scans of both recovering and active addicts, Dr. Jeffrey Fortuna graphically emphasizes the physiological reality that is key to the recovery process to help explain exactly why addiction is a disease. The following concepts are among those both explained in biological terms and illustrated in graphics in this video: The 30-Day Phenomenon, The Priming Effect, Triggers and "The Purple Regions". The video also explains and reinforces the effectiveness of a strong 12 Step program in the recovery process. This video is designed to be used in the group process and/or with clients and families.

BRINGING THE ELEMENTS TOGETHER: ENDING THE CYCLE OF VIOLENCE

Grade Level: Adult

Details: 180 min., 2000, Center for Violence & Injury Prevention

Synopsis: Bringing the Elements Together takes a look at the interrelationship between different types of violence and provides an understanding of how family dynamics may perpetuate specific cycles of violence. Concrete tools and strategies are presented, providing practitioners with an understanding of the implications of being a victim or witness to violence. Multi-disciplinary prevention and intervention modalities are highlighted through program footage and via studio discussion. Particular attention is paid to developmental and cultural considerations.

BULLYING

Grade Level: 6-8.

Details: 12 min., 1995, South Carolina ETV

Synopsis: This video and the accompanying teacher's guide illustrate strategies to reduce bullying in school. Students are presented with various bullying scenarios in the video. At the end of each scenario, questions are asked to provoke thought and discussion about the characters involved and the circumstances surrounding their situations. These strategies may be implemented on school-wide-level, on a classroom level, or on an individual level with the bully and the victim.

THE CASE AGAINST THE LEGALIZATION OF DRUGS: REGIONAL DRUG INITIATIVE

Grade Level: College, Adult

Details: 17 min., 1996, Flying Frames Film & Video

Synopsis: This video presents statistics about the problem of drug use in the U.S.; costs, amount of use, and problems of use. It includes interviews with citizens, government officials, employers and law enforcement.

CHILDREN AND TRAUMA: THE SCHOOL'S RESPONSE

Grade Level: Adult

Details: 21 min., 2000, CA. Dept. Mental Health

Synopsis: Presents an overview of how educators and mental health professionals can help children heal from traumatic events, including violence and natural disasters.

CHOICES: STORIES FROM THE MAINE STATE PRISON

Grade Level: 7-12, Adult

Details: 20 min., 1999, International Film and Television Workshops

Synopsis: This video features inmates at the Maine State Prison that volunteered to share their stories. The inmates hope that explaining the serious consequences of the choices they made will help others think twice before making the same choices.

CONSIDERING CONDOMS: AN EDUCATIONAL PACKET FOR ADOLESCENTS

Grade Level: 9-12

Details: 15 min., 1995, National Education Assoc.

Synopsis: This video has been developed to help educators assist young people in making responsible and informed decisions with regard to their behavior. In this video, an ethnically diverse group of high school students shares their feelings, experiences, and choices regarding peer pressure and sexual activity. The Teacher Discussion Guide has additional information and follow-up teaching activities. The discussion guide, student worksheets, and student evaluation forms may be copied as needed.

CREATING HEALTHY COMMUNITIES FOR KIDS

Grade Level: Adult

Details: 12 min., 1998, The Search Institute

Synopsis: This video presents the vision for the Healthy Communities movement and true stories about the impact it's having in communities and in the lives of young people. It features Search Institute president Dr. Peter L. Benson and other leaders and shows how any community can start over and become a positive, loving, supportive place for all young people.

CULTS (TEEN ISSUES SERIES)

Grade Level: 7-12

Details: 25 min., 1996, AGC United Learning

Synopsis: Through interviews with experts in the field and a detailed testimony of one family's involvement in a cult, this program gives teens the tools necessary to distinguish the difference between a group and a cult. This program provides information on how to avoid this threatening subculture.

DISEASE OF ALCOHOLISM: ADOLESCENT (DAVID OHLMS)

Grade Level: 6-12, Adult

Details: 14 min., 1991, GWC

Synopsis: This video opens in the middle of a typical

teenage beer party. Dr. Ohlms interrupts the party and explains the facts concerning the disease of alcoholism.

DOMESTIC VIOLENCE SERIES (with EARNIE LARSEN)

WHERE ABUSERS COME FROM (DOMESTIC VIOLENCE SERIES PT. 1)

Grade Level: Adult

Details: 30 min., 2000, Kinetic

Synopsis: Part 1 of this four part Earnie Larsen series helps offenders begin to recognize what issues in their own personal background may have led them to habitually violent behavior toward women. A life long habit of violence dulls the recognition of violence and abuse. Violence and abuse simply become normal. This program takes the client back to the time when they were the victims of abuse and forcefully states, as it was wrong for someone to abuse you so it is wrong for you to abuse anyone else, especially those who love and depend on you.

HOW ABUSERS THINK (DOMESTIC VIOLENCE SERIES PT. 2)

Grade Level: Adult

Details: 31 min., 2000, Kinetic

Synopsis: A cognitive impairment that leads directly into a habit of violent behavior has many similarities to an addiction. Overcoming denial is a big part of the process. Using the client's own experience of abuse as a starting point, they are led logically and systematically to understand how they perpetuate this habit of violence and abuse. The client is strongly challenged to confront this habit and put an end to it.

HOW ABUSERS CREATE THE NEXT GENERATION (DOMESTIC VIOLENCE SERIES PT. 3)

Grade Level: Adult

Details: 29 min., 2000, Kinetic

Synopsis: Abused boys become abusive men. Earnie Larsen leads the client to understand that it was wrong for someone to abuse them and it is equally wrong for them to abuse others. Personal sharing by four women who were abuse victims drives this point home. Specific concrete steps are provided that enables the client by cognitive restructuring and behavior modification to break this generational pattern of male violence. The point is made that the next generation of abusers is being created now at the hand of the client watching this program. Their responsibility for ending this cycle of destruction is clearly and strongly stated.

HOW TO BREAK THE PATTERNS OF CRIMINAL THINKING AND ACTING

(DOMESTIC VIOLENCE SERIES, PT. 4):

Grade Level: Adult

Details: 30 min, 2000, Kinetic

Synopsis: Habits, both good and bad, are acquired through repetition. Being willing to face the presence and power of this habit and choosing another course can only accomplish breaking of the habit of abuse. Concrete structures and models are provided to accomplish both the cognitive restructuring and behavior modification to both break the habit of abuse and begin creating new habits of respect and control. Personal sharing by women who were abuse victims both challenges and encourages the men to pursue this course of recovery.

DON'T EVEN TRY IT

Grade Level: 4-6

Details: 8 min., 1998, AGC United Learning

Synopsis: This video illustrates the Self-control skill and the Refusal skill. Realistic vignettes of a teenage boy telling his friends that he doesn't want to use chewing tobacco, a young adult telling his friend that he doesn't want him to drink beer in his car, and a teenage girl stopping herself from smoking a cigarette, show how students can stay in control and avoid trouble without losing their friends

THE DOWNSIDE OF UPPERS

Grade Level: Adult

Details: 26 min., 1999, GWC

Synopsis: Dr. David Ohlms addresses the overall increase in amphetamine use primarily involving "ice" or crystal methamphetamine. He discusses many attributes of different forms of amphetamine, which come in chunks or "rocks" and can be heated and the fumes inhaled, much as is done with crack cocaine. Like crack, it can be highly addictive. Also, discussed is the increased use and popularity of MDMA "ecstasy", which is one of the so-called "club drugs" popular at dance clubs and raves.

DUAL DIAGNOSIS SERIES

PREVENTING RELAPSE (DUAL DIAGNOSIS SERIES)

Grade Level: Adult, Closed Captioned

Details: 20 min., 1994, Hazelden,

Synopsis: An important part of recovery from a dual disorder is being able to identify the triggers that cause a relapse and the ways to prevent it from happening. This video includes information about the basic steps of relapse prevention and personal stories that illustrate the power of an individual relapse prevention plan.

UNDERSTANDING BIPOLAR DISORDER AND ADDICTION (DUAL DIAGNOSIS SERIES)

Grade Level: Adult, Closed Captioned

Details: 20 min., 1995, Hazelden

Synopsis: This video explains the different features of bipolar disorder and the interactions between mania and depression and chemical dependency. Examples illustrate the importance of medication, abstinence, and spirituality to achieve and maintain emotional or psychiatric stability and sobriety.

UNDERSTANDING DEPRESSION AND ADDICTION (DUAL DIAGNOSIS SERIES)

Grade Level: Adult, Closed Captioned

Details: 20 min., 1994, Hazelden

Synopsis: Depressive disorders are among the most common types of psychiatric illness in the United States. Up to 10% of adults will experience, at one time or another, some form of depressive illness. This video explores way to cope with the common behaviors and thoughts associated with depression and provides support for recovery from depression and addiction.

UNDERSTANDING MAJOR ANXIETY DISORDERS AND ADDICTION (DUAL DIAGNOSIS SERIES)

Grade Level: Adult, Closed Captioned

Details: 20 min., 1994, Hazelden

Synopsis: Anxiety disorders are among the most common types of mental health problems among adults in the United States. Recovering from an anxiety disorder and addiction is a double challenge. This video provides a step-by-step process to identify anxiety triggers and ways to change thoughts and reactions.

UNDERSTANDING PERSONALITY

PROBLEMS AND ADDICTION (DUAL DIAGNOSIS SERIES)

Grade Level: Adult, Closed Captioned

Details: 20 min., 1995, Hazelden

Synopsis: This video illustrates the interconnection between chronic personality problems and chemical dependency. Definitions and examples help viewers understand the importance of dealing with their problematic personality traits to achieve and maintain emotional or psychiatric stability and sobriety.

UNDERSTANDING POSTTRAUMATIC STRESS DISORDER AND ADDICTION (DUAL DIAGNOSIS SERIES)

Grade Level: Adult, Closed Captioned

Details: 20 min., 1994, Hazelden

Synopsis: Posttraumatic stress disorder (PTSD) and addiction are two diseases that often go hand in hand. This video suggests plans for dual recovery and relapse prevention and ways to handle the emotional pain and flashbacks due to trauma.

EARLY SIGNS OF DISTRESS (YOUTH VIOLENCE PREVENTION

TELECONFERENCE, Program 3)

Grade Level: Adult

Details: 45 min., 2000, National Education Association

Synopsis: How does a system identify and respond to warning signs of distress in children? What is an appropriate role for the school and its employees? How do we avoid stigmatizing children who may be in trouble? This program will look at two school communities-one in Los Angeles, California and the other in Westerly, Rhode Island, and their efforts to understand and heed the messages that young people send.

EDUCATE: CREATING INHALANT ABUSE AWARENESS TOGETHER

Grade Level: Adult

Details: 17 min., 1998, National Inhalant Prevention Coalition

Synopsis: Our kids call it huffing or sniffing. "It" is Inhalant Abuse. Our kids think it won't hurt them. It will. All over America kids of all ages are abusing everyday household products. One out of 5 children abuse these products before they finish high school. More than 9 out of 10 parents don't believe their child will ever abuse inhalants.

EVOLUTION OF MADNESS

Grade Level: Adult

Details: 60 min., 1999, GWC

Synopsis: Addiction therapist Michael Johnson explores how the dynamics surrounding today's addict are different from the addict of 20 years ago. He takes the viewer through the evolution of addiction with

emphasis on the character, thought processes, value systems and objectives of today's addict. In the absence of understanding these differences, the average clinician may be ineffective, resulting in a strained and frustrating counselor client relationship, as well as counselor burnout. He provides strategies that will help overcome these obstacles.

THE FABULOUS F.A.S. QUIZ SHOW

Grade Level: 6-8

Details: 15 min., 1993, WA. State Dept. of Health
Synopsis: This video and accompanying curriculum provides teachers with a tool to help their students understand the effects of alcohol on an unborn baby and make the right choices to prevent babies from being born with life long birth defects.

FAS SERIES

THE EARLY YEARS: (F.A.S. SERIES)

Grade Level: 10-12, Adult

Details: 20 min., 1997, AGC United Learning
Synopsis: For a child with fetal alcohol syndrome (f.a.s.) or fetal alcohol effects (f.a.e.), early intervention is the key to helping them reach their full potential. Viewers learn the importance of developing a routine with the child, communicating feelings, playing with them and paying attention, as well as preparing the child for the school years.

A FOCUS ON PREVENTION: (F.A.S. SERIES)

Grade Level: 10-12, Adult

Details: 20 min., 1997, AGC United Learning
Synopsis: Through candid interviews with experts and parents of Fetal Alcohol Syndrome children, this program presents the facts and offers advice on the prevention of F.A.S. The importance of abstaining from any kind of alcohol when pregnant is stressed, and viewers learn that help is available for mothers struggling with alcoholism.

THE SCHOOL YEARS: (F.A.S. SERIES)

Grade Level: 10-12, Adult

Details: 20 min., 1997, AGC United Learning
Synopsis: The School Years concentrates on the importance of meeting the needs of children with F.A.S/F.A.E. in the classroom, and at the school and district levels. It is stressed that these students are not mentally retarded and should not be viewed in that way.

FEDERAL BONDING PROGRAM: BOND ISSUANCE PROCESS

Grade Level: Adult

Details: 7 min., 2000, U.S. Department of Labor
Synopsis: Explains the Bond Issuance Process of the Federal Bonding Program designed to help employers unable to hire or promote otherwise qualified individuals because commercial carriers could not bond them.

FEDERAL BONDING PROGRAM: UNIQUE JOB PLACEMENT TOOL

Grade Level: Adult

Details: 12 min., 2000, U.S. Department of Labor

Synopsis: The bonding program provides free individual fidelity bonding for employers who hire high risk individuals in permanent, full-time jobs if inability to secure bonding is due to: Record of arrest, conviction or imprisonment, history of alcohol or drug abuse lack of an employment history, dishonorable discharge from military service, poor credit history.

FORTY ASSETS

Grade Level: Adult

Detail: 8 min., 1998, The Search Institute

Synopsis: Sometimes people look at the challenges facing today's young people and feel there's nothing they can do to make a difference. This video features Search Institute president Dr. Peter L. Benson, as well as parents, community leaders, youth workers, and others who've discovered this powerful way to start over and give kids what they really need to succeed.

FRONTLINE: DRUG WARS (PT. 1 & 2)

Grade Level: 10-12, Adult, Closed Captioned

Details: 2 @ 60 min., 1999, PBS

Synopsis: Produced in collaboration with National Public Radio, this two-part series examines America's 30-year effort to stop the flow of illegal drugs into this country. The drug wars have absorbed hundreds of billions of dollars, altering the criminal justice system and putting millions of people in jail. Despite the United States' expenditures, the use of heroin, cocaine, marijuana and other illicit drugs remains essentially unchanged. Have the efforts been in vain? In exclusive interviews with both "drug warriors" and drug traffickers, Frontline presents a television history of America's war on drugs from both sides of the battlefield.

GAMBLING: IT'S NOT ABOUT MONEY

Grade Level: Adult, Closed Captioned

Details: 38 min., 2000, Hazelden

Synopsis: This video helps pathological/compulsive gamblers in treatment to recognize the signs and symptoms of compulsive gambling, understand that recovery from a gambling addiction is possible, and find positive ways to approach recovery.

GETTING THE MESSAGE ABOUT TOBACCO

Grade Level: 4-6

Details: 16 min., 1998, AGC United Learning

Synopsis: After presenting various tobacco messages including a billboard, a movie, a TV news report, and a smoking parent, computer graphics show how the brain works to analyze these messages. As each message progresses through different levels of the brain, students begin to understand that there's more to these messages than they once thought. This video is designed to help viewers challenge and process every message they receive regarding the issues that can affect their lives.

GETTING THE MESSAGE ACROSS: A VIDEO ABOUT MAKING VIDEOS

Grade Level: 9-12, College

Details: 26 min., 1993, Media Education Foundation

Synopsis: This video focuses on the creative, rather than technical, aspects of making a video. It offers advice on how to communicate a point through telling an interesting and accurate story. Includes taped footage and off-air examples.

HEPATITIS C: THE SILENT EPIDEMIC

Grade Level: 9-12, Adult, Closed Captioned

Details: 29 min., 2000, Hazelden

Synopsis: This video explores every aspect of HCV: diagnosis, symptoms, treatment and its side effects, and lifestyle issues specific to people in recovery from chemical addiction. All information is delivered through the testimony of a hepatologist and five individuals who are currently living with HCV. Part 1 of this video will help viewers understand the importance of getting screened and seeking medical attention; part 2 shows viewers how others have managed this disease.

HOLDING OUR OWN: STRATEGIES DURING PREGNANCY & MOTHERHOOD TO STOP SMOKING

Grade Level: Adult

Details: 24 min., 1998, AGC United Learning

Synopsis: In this video, a variety of women-either pregnant or who already have children-share their personal stories about trying to stop smoking and some positive strategies that have worked for them. All participants in support groups, these women offer cultural perspectives on tobacco, healing and self-esteem. Health care providers explain the symptoms of

withdrawal, suggest alternatives to smoking, and offer helpful tips and advice about the quitting process. Native American healers tell how they have used tobacco for years as a natural remedy, yet must educate women of the tribe on its harmful effects. The importance of approaching smoking cessation in manageable stages is stressed throughout the program.

I QUIT: TOBACCO AND TEENS

Grade Level: 6-12, Adult

Details: 15 min., 1996, Alfred Higgins Productions

Synopsis: Interviews reveal the motivations and successes of several teens who have quit tobacco. Vignettes depict the short-term down side of smoking or chewing while acknowledging the long-term health risks. Interviewees describe their withdrawal process and strategies they employed to cope with their symptoms and stresses. Final words from tobacco-free teens emphasize their personal satisfaction with having quit, and motivate viewers to do the same.

IDENTIFYING, REPORTING AND HANDLING DISCLOSURE OF THE SEXUALLY ABUSED CHILD

Grade Level: Adult

Details: 25 min., 1985, Committee For Children

Synopsis: A series of dramatic vignettes illustrates common behavioral indicators of child abuse. In addition, the program clearly presents the legal and ethical reporting responsibilities for mandated professionals. The program models appropriate responses to a child's disclosure of sexual abuse, providing both immediate and ongoing response and introduce treatment resources.

IMPACT: DRIVING DRUNK, DRIVING HIGH

Grade Level: Adult

Details: 32 min., 2000, GWC

Synopsis: This video clearly illustrates the impact driving under the influence of alcohol or other drugs has on our society. It addresses the effects of alcohol and prescription drugs on a driver's judgment and motor skills and the consequences of choosing to drive under the influence. Through open and candid interviews, victims talk about the impact a drunk driver made in their lives.

IT AIN'T LOVE

Grade Level: 9-12, A

Details: 57 min., 2001, Olmos Productions

Synopsis: This video follows the young, spirited members of FACES, a gutsy improvisational theater company based in New York City. Given three months to create a show about abusive relationships, the kids start by exploring their own lives, reenacting the violence they've experienced and inflicted. The process is both exhilarating and painful, but the members of FACES gain a growing understanding of abuse—and, in the end their new show is triumphant.

IT'S NOT JUST HEARING AIDS: DEAF PEOPLE & THE EPIDEMIC

Grade Level: Adult

Details: 60 min., 1989, Deaf Communication Foundation

Synopsis: HIV education and prevention messages for the hearing impaired. Discusses psychosocial issues, prevention techniques, and disease description as well as HIV issues important to the hearing impaired.

THE JOY OF BEING NORMAL

Grade Level: Adult

Details: 7 min., 1999, Danya International, Inc.

Synopsis: This is a short film illustrating the ability of methadone treatment to produce responsible and productive citizens. The Joy of Being Normal is for patients. Use it one-on-one, with families, in the clinic or anywhere people are interested in increasing the acceptance of methadone treatment. This video features real patients who have the courage to come forward and publicly tell their stories.

KEYS TO FREEDOM: FOR WOMEN ONLY

Grade Level: Adult

Details: 36 min., 2000, FMS

Synopsis: Before an audience of incarcerated women, Dr. Joseph Pursch sketches an imaginative scenario on the dialogue between 'good' and 'bad' parts of the brain. That which scientists call the medial forebrain bundle and what Dr. Pursch terms, "The Pleasure Pathway" can lead straight to prison. Dr. Pursch demonstrates how it is possible to retrain the brain and avoid the twin pitfalls of relapse and recidivism. This video features a question and answer session that deals with such special problems as fetal alcohol syndrome, issues with children and family, women as victims, and other areas of concern.

KEYS TO FREEDOM: THE ANSWERS (PT. 1)

Grade Level: Adult

Details: 25 min., 2000, FMS

Synopsis: Dr. Joseph Pursch explores the genetic and behavioral roots of addiction and criminal behavior and points out how relapse leads directly to recidivism. By offering a program of solutions, Dr. Pursch shows the inmate how recovery and relapse prevention lead to personal freedom.

KEYS TO FREEDOM: THE QUESTIONS (PT. 2)

Grade Level: Adult

Details: 28 min., 2000, FMS

Synopsis: This video is a presentation of interaction with inmates "inside the walls". The answers to inmate's questions illustrate the extent of their problems; dual diagnosis, manic-depressive illness, obsessive-compulsive disorders, and Vietnam Veteran post traumatic stress disorder.

KIDS AND GUNS: MAKING THE RIGHT CHOICE

Grade Level: 6-8

Details: 30 min., 2000, Maine Youth Suicide Prevention Program

Synopsis: This video is designed to educate children, parents and other concerned adults about staying safe around guns. Performed by real students, three situations involving firearms are demonstrated. Also included are segments about youth suicide, with a shooting victim, and with parents who lost their 15-year-old son. The video is recommended for use by law enforcement, firearm safety instructors, health educators, after school programs, youth group leaders, and public safety and medical care staff.

LEADERSHIP: TO KEEP CHILDREN ALCOHOL FREE

Grade Level: Adult

Details: 9 min., 2000, NIAAA

Synopsis: This introduction to Leadership To Keep Children Alcohol Free, a Governor's spouses initiative, addresses the problem of drinking by 9-15 year old children. It is designed to inform opinion leaders and policy makers about the prevalence of drinking in this young age group, the environmental forces that lead to underage drinking, and the serious consequences of early alcohol use on health and potential success. It closes with a call to action to bring about a change.

**THE LEGACY OF CHILDHOOD TRAUMA:
NOT ALWAYS WHO THEY SEEM**

Grade Level: Adult

Details: 56 min., 1996, Echo Bridge Productions

Synopsis: This video focuses on the connection between so-called “delinquent youth” and the experience of childhood trauma such as emotional, sexual, or physical abuse. It features the unique stories of four young adults who are survivors of childhood trauma. They candidly discuss their troubled childhood and teenage years and reveal how, with the help of caring adults, they were able to salvage their lives. The caregivers are joined by other helping professionals in discussions of diagnosis and treatment issues.

LET’S HELP YOUTH STAY DRUG-FREE SERIES

**BUILDING HEALTHY YOUTH:
STRATEGIES & SERVICES (LET’S HELP
YOUTH STAY DRUG FREE, PT. 2)**

Grade Level: Adult

Details: 116 min., 1999, NCADI

Synopsis: Part 2 of this series identifies useful tools and models for helping to keep youth away from alcohol and drugs. The video promotes the use of science-based prevention programs for youth and provides specific examples of effective programs. A panel of experts discusses the strategies they have used.

**SOCIAL PROBLEMS & SUBSTANCE
ABUSE: ORGANIZING FOR EFFECTIVE
SOLUTIONS (LET’S KEEP YOUTH DRUG
FREE, PT 5)**

Grade Level: Adult

Details: 120 min., 1999, NCADI

Synopsis: Research has shown that violence, AIDS, teen pregnancy, poverty, youth crime, and substance abuse are interrelated. This video explores these issues and looks at the strategies some communities have used to prevent social problems.

**MEDIA AND CULTURE: EMPOWERING
YOUTH FOR PREVENTION (LET’S HELP
YOUTH STAY DRUG FREE, PT. 6)**

Grade Level: Adult

Details: 120 min., 1999, NCADI

Synopsis: Youth are often influenced by the powerful messages found on television programs, movies, advertising, and music. These messages often relate to substance abuse and other risky behaviors; however, media can also convey positive, healthy messages. This video presents an overview of some of the research done on the effects of media on youth.

MAKING A DIFFERENCE: DOMESTIC VIOLENCE

Grade Level: College, Adult

Details: 13 min., 1999, Film Ideas

Synopsis: Each year millions of women seek medical assistance caused by battery. According to the Journal of the American Medical Association 22% to 35% of the women arriving in medical emergency rooms are there because of symptoms related with on-going abuse. The results of such abuse affect both women and children by destroying self-esteem and replacing hope with fear. This video educates women about the emotional, physical and psychological causes of an abusive relationship and how to seek help. It includes former abused women, who by sharing their own stories about domestic violence help make a difference in the lives of others.

MAKING A KILLING

Grade Level: College, Adult

Details: 29 min., 2000, INFACT

Synopsis: This video delves into Philip Morris’s role in the tobacco industry’s deceptive history with information from once-secret corporate documents. It reveals how the corporation conspired to hook children on tobacco and keep governments from protecting public health and exposes the aggressive advertising and promotional tactics employed by Philip Morris – including footage of the free cigarette giveaways the corporation had claimed it no longer used. The video examines how Philip Morris uses its Kraft Foods to gain political leverage in its fight against public health regulation and crusade to influence media coverage. This documentary exposes who profits from this corporation’s international expansion while telling the stories of the individuals who have suffered grave losses to tobacco giants and are fighting back.

MARIJUANA (DELBERT BOONE)

Grade Level: 6-12, Adult

Details: 29 min., 1997, FMS

Synopsis: According to recent national surveys on drug trends, marijuana use by 12-17 year olds is on the rise. These young people do not perceive the real harm in using marijuana. Delbert Boone discusses the hazards of marijuana use and addresses the misperceptions most adolescents have about marijuana. He explains how marijuana impairs judgment and skills, and can impair the user’s ability to concentrate, solve problems, learn and retain new information. Taped at the Chateaugay Correctional Facility in up-state New York.

MARIJUANA: HIDDEN HAZARDS

Grade Level: Adult

Details: 39 min., 1998, Kinetic

Synopsis: Users usually claim that it doesn't have much effect on them, that it's like having a beer, or just gets rid of the stress. It's "Catch 22"...why quit something that has no effect? And how can you be addicted to something like that? The fact is that with today's 'new and improved' marijuana, users are more 'stoned', and less likely to recognize what effect the drug is having on them. This video presents the real story about what these effects are from people who have experienced them personally and left them back 'in the fog'. The question of detox and withdrawal is also very important because of the chemical potency of the new marijuana. Ex-users tell what they experienced and how they overcame the cravings and threat of relapse.

MARIJUANA IN THE NEW MILLENNIUM

Grade Level: Adult

Details: 25 min., 1999, GWC

Synopsis: Dr. David Ohlms addresses why marijuana continues to be popular among both teens and adults. Ohlms demonstrates that marijuana is not a harmless drug. In this video, he discusses many of the common physical effects, signs and symptoms of drug use, its side effects and newly discovered physiological issues that face marijuana users.

MARIJUANA: THE GATEWAY DRUG

Grade Level: 6-12

Details: 28 min., 1999, Aims Multimedia

Synopsis: This program presents the realities of marijuana use from the perspectives of young people who themselves are recovering drug addicts. These teens and young adults from diverse socio-economic backgrounds discuss how and why they started using marijuana and how after awhile the high they experienced from marijuana wasn't enough anymore, and so led them to try drugs such as cocaine, LSD and other hallucinogens.

MARIJUANA UPDATE REVISED

Grade Level: 7-12

Details: 16 min., 1997, AGC United Learning

Synopsis: Marijuana is the most widely used drug today, and can serve as a gateway to other addictive drugs. Leo Hayden, a former college athlete, knows this all too well. Now working as a counselor for drug addiction, Leo tells viewers how he became addicted to marijuana. Other former users share their stories of how their marijuana addiction began, and how they eventually hit rock bottom. Graphics are used to demonstrate the physical effects of marijuana on the body, while former addicts share the psychological effects.

MEDIA SHARP...ANALYZING ALCOHOL AND TOBACCO MESSAGES

Grade Level: 6-9

Details: 7 min., 1998, Centers for Disease Control & Prevention

Synopsis: Media Sharp is a two-part media literacy education resource guide for educators and community leaders who work with middle and high-school age youth. It consists of an 80-page guide and 7-minute video, both featuring activities and interactive learning designed to help young people assess media messages about alcohol and tobacco.

MEETING AT THE CROSSROADS: TRAUMA CROSS TRAINING FOR PUBLIC SECTOR AGENCIES

Grade Level: Adult

Details: 27 min., 2001, SIDRAN

Synopsis: This video raises awareness of the importance of collaboration regarding trauma issues between mental health and other agencies. Portraits of survivors interweave with discussions by counselors, program directors, advocates and others for a look at the ways in which providers of mental health, substance abuse, domestic violence and sexual abuse and assault services address the issues of trauma.

METHAMPHETAMINE: DECIDING TO LIVE

Grade Level: Adult, Closed Captioned

Details: 38 min., 1998, Hazelden

Synopsis: Through documentary style interviews with recovering addicts, treatment professionals and physicians, this video reveals the devastating consequences of methamphetamine addiction and the struggles and rewards of recovery. Part 1 begins with a pharmacological explanation of methamphetamine's effect on brain chemistry. First-hand accounts from recovering addicts also reveal how methamphetamine affects behavior, emotions, cognitive functions, relationships and the body. Part 2 offers hope for those beginning the long process of recovery. Candid accounts of recovering addicts reveal the stumbling blocks common in early recovery, the spiritual nature of the healing process and the rewards of overcoming the physical, mental and moral bankruptcy associated with using methamphetamine.

NOT JUST BLOWING SMOKE

Grade Level: 4-6

Details: 16 min., 1998, AGC United Learning

Synopsis: This video examines the position most young people take regarding smoking. The vast majority is strongly against it. Insightful interviews soon reveal that many kids are swayed as they get older by such influences as parents and friends. Young people express concern about their ability to resist the pressure to smoke as they get older. Youngsters who are the most adamant about not smoking express their concerns for family members who smoke and seem unable to quit.

NOTHING TO RAVE ABOUT: A CLUB DRUG PREVENTION VIDEO

Grade Level: 7-12, A

Details: 24 min., 2001, Hazelden

Synopsis: Tells the real story about club drugs, an emerging epidemic among U.S. youth. Young people will learn the truth about lasting and harmful effects of club drugs and why they are not a benign alternative to other illegal drugs.

ONE MOTHER'S JOURNEY

Grade Level: 7-12, Adult, Closed Captioned

Details: 24 min, 1996, Kinetic, Inc.

Synopsis: This video presents the story of a Native American woman and her fight to overcome an abusive and alcoholic family life, the demeaning experience of residential schools, early motherhood and a bout with her own addictions. Finding strength in a return to her roots and a study of the culture of her ancestors gives her the momentum to overcome her many problems, get control of her life and reclaim her family. It is a journey of hope, courage, love and growth.

OUR SMOKING VIDEO

Grade Level: 6-9

Details: 20 min., 1997, AGC United Learning

Synopsis: Page and Ryan, seniors who are teamed in a video production class, have been caught smoking on school property. Instead of suspension, they are assigned to produce a comprehensive video about tobacco and smoking for the student body. Highly resistant at first, Page's rigid position gradually softens during the production process. In an emotional and climatic interview with her mother, an addicted smoker, Page finally reaches the point where she decides to quit, and help her mom do the same.

OUTCOME MEASUREMENT: ARE YOU MAKING A DIFFERENCE? (PKT.)

Grade Level: Adult

Details: 94 min., 2000, The Learning Institute For Nonprofit Organizations

Synopsis: First presented as a live PBS broadcast, this video explains what outcomes are, shows how their measurement can benefit service providers, and guides you in identifying the outcomes of your own organization. The video reflects the United Way of America (UWA) outcome measurement model adopted by thousands of health and human service programs in the United States and other countries. Featured in this video are the outcome measurement experiences of four community-based agencies—a neighborhood center, a rape crisis center, a hunger task force, and a program serving persons with disabilities and children with special needs. Program directors and associates describe both challenges and benefits of measuring their outcomes and offer suggestions for making outcome measurement work.

OUTCOMES MADE SIMPLE

Grade Level: Adult

Details: 105 min., 2000, ME. Office of Substance Abuse

Synopsis: Outcomes Made Simple was a presentation made to the Best Practice Forum of Mid-Coast and Central Maine on the United Way's Logic Model. Participants were introduced to the terminology of the Logic Model as well as an exercise for differentiating between initial, intermediate and long-term outcomes. Brief discussions of sources of data and evaluation were also included.

PHYSICAL EFFECTS OF SMOKING

Grade Level: 9-12, Adult

Details: 19 min., 2000, National Health Video, Inc.

Synopsis: This video covers the effects of smoking on the entire body. Some areas covered are: asthma, pregnancy, heart disease, cancer, emphysema and blood pressure.

PIECES OF THE PUZZLE: UNDERSTANDING ADDICTIVE DISORDERS

Grade Level: Adult

Details: 25 min., 2001, Meadows Publishing

Synopsis: Dr. Patrick Carnes gets into behavior-related details to explain how the symptoms of 'addiction interaction disorders' present themselves in real life. For example, addicted persons often respond to stress by abusing alcohol and other drugs but when the stress goes away, the abusive behavior remains. One of the most commonly asked questions is, "How do we know an addiction is present?". Dr. Carnes examines behaviors of addicted individuals and uses actual artwork from patients to illustrate his set of 10 criteria that identify addiction.

THE POWER TO REFUSE

Grade Level: 4-6

Details: 17 min., 1999, AGC United Learning
Synopsis: A truly effective and humorous way to teach students the “refusal skill”. The video features three very different students, who have committed very different crimes. Joe was caught smoking on school property, Jessica forged her mom’s signature and CJ broke into the teacher’s lounge. Rather than suspension, the students opt for sessions with a counselor as punishment. The counselor takes the students to the time and place where they got into trouble—just prior to the act. During the reenactments of these acts, the counselor coaches the students through the refusal skill and shows the students the steps necessary to avoid trouble and still keep their friends.

PRAYER – THE PATH TO GODS WILL

Grade Level: Adult

Details: 45 min., 1976, Kelly Productions

Synopsis: This Father Martin film is designed to help those entering the sober life spiritually bankrupt find the road to a peace filled relationship with God. This film states the ABC’s of prayer, provides definitions and dispels myths.

PRESCRIPTION DRUGS: RECOVERY FROM THE HIDDEN ADDICTION

Grade Level: 9-12, Adult, Closed Captioned

Details: 34 min., 1998, Hazelden

Synopsis: Recovering addicts and treatment professionals, including a physician and registered nurse, share their perspectives on an addiction that is often underreported and overlooked, especially among older adults. Part 1 explains the biochemical equivalent of Russian roulette: Combining different prescription drugs—sometimes with alcohol—and how it affects the individual physically, socially, and spiritually. Part 2 shows the challenges and joy of recovery from those who have made the journey and continue it every day.

A PREVENTABLE TRAGEDY: FIRST RESPONSE TO SUICIDAL YOUTH

Grade Level: Adult, Closed Captioned

Details: 24 min., 1999, Maine Youth Suicide Prevention

Synopsis: This video provides information about the issue of youth suicide. It is a training tool designed to educate the viewer about youth suicide and early intervention steps that may help prevent the tragedy. The video works well both as a stand-alone educational viewing and as part of a youth suicide prevention awareness program. A study guide with additional information is included to enhance the learning experience. This video has been developed for an adult audience including public safety personnel, educators, counselors, therapists, parents and others concerned about youth suicide. Program elements include: An introduction to the problem of youth suicide, the

importance of understanding your own feelings about suicide, warning signs & clues, risk and protective factors, scenarios illustrating some basic interventions and how to support family members after an attempted or completed suicide.

PREVENTING BIAS AND PROMOTING RESPECT

Grade Level: Adult

Details: 180 min., 2000, U.S. Dept. of Education. Safe and Drug Free Schools

Synopsis: This telecast is presented in 2 parts with a break and a call in & answer session. It covers topics of media coverage, respect & bias as a way to prevent violence. Hosts are Dr. Deborah Prothrow-Stith, Harvard School of Public Health and Larry Cohen, Prevention Institute Berkley CA.

THE PREVENTION STORY: PROGRAMS THAT MAKE A DIFFERENCE (PT. 2)

Grade Level: Adult

Details: 16 min., 1993, NCADI

Synopsis: This video is the follow-up to “The Prevention Story, Programs That Make A Difference (Pt I).” It describes the final 3 stages in planning and implementing effective programs. The final three stages are implementing the program and beginning evaluation, evaluating the program, and using feedback to refine or change the program if needed. Three effective programs are highlighted in the video: the National Parenting Quiz, a television/radio/comic book series designed to reduce alcohol use among Hispanic adolescents, and a videotape to encourage good prenatal care and habits for pregnant teens.

PSYCHOLOGY OF ADDICTION

Grade Level: Adult

Details: 34 min., 1998, GWC

Synopsis: Addiction is an equal opportunity illness that can destroy its victims. Understanding addiction is the key to recovery. Delbert Boone tells inmates at Albion Correctional Facility, “as you feed addiction it grows, as it grows, it dictates all terms of your life, and it never goes away.” He talks about the thousands of people who die from addiction each year, and how prisons are overflowing from drug related crimes. He tells them, “you are not in prison because you are bad people, you are there because you made bad choices while using alcohol and other drugs”.

A PUBLIC TRUST IN PRIVATE HANDS

Grade Level: Adult

Details: 13 min., 1994, National Ctr. for Nonprofit Boards

Synopsis: America's nonprofit sector, which includes organizations as disparate as soup kitchens, scout troops and symphony orchestras, provides essential services that meet society's needs and enrich our culture. Control of these organizations and stewardship of their resources rests in the hands of millions of volunteers who serve as board members. Hosted by Judy Woodruff, A Public Trust in Private Hands takes a fresh look at the work of the board through the eyes of board members who serve a diverse group of organizations.

PUTTING THE PIECES TOGETHER: ADDICTION INTERACTION DISORDERS

Grade Level: Adult

Details: 25 min., 2001, Meadows Publishing

Synopsis: Dr. Patrick Carnes discusses how addictions do not just co-exist but how they interact and reinforce each other. This is called "Addiction Interaction Disorder" and there are criteria that can be used to indicate that clients have a problem involving the interaction of their addictions. Along with identifying the Addiction Interaction, Dr. Carnes reviews the importance of dealing with the core issue, whatever it is. When the core issue is not dealt with, people simply, inexorably, move from one addiction to another.

THE RAPE DRUG: A NEW MENACE

Grade Level: Senior High, College, Adult

Details: 26 min., 1997, Kinetic

Synopsis: This program examines the growing use of the drug Rohypnol to sedate women in order to take sexual advantage of them on dates. It follows two such cases through interviews with victims and their attorneys. The drug, both odorless and flavorless, can be mixed with alcohol and renders the victim easy prey for an attacker. Available in 64 countries, the drug also leaves its victim with complete or partial amnesia, making prosecution of offenders nearly impossible. This program puts the spotlight on a growing social problem.

RECOVERY FROM THE HEART: A JOURNEY THROUGH THE TWELVE STEPS FOR NATIVE AMERICANS

Grade Level: Adult

Details: 3 @ 50 min., 1994, Hazelden

Synopsis: This interactive program encourages Native American clients to set attainable goals, create strategies for results, and build in follow-through experiences. Information is given on the teachings of the Medicine Wheel, the Twelve Steps, and a system of principles, values, and laws common to many Native American tribes.

1) [Introduction](#)

2) [Steps 1-4](#)

3) [Steps 5-12](#)

RESPECT SERIES:

I WAS JUST KIDDING (RESPECT SERIES)

Grade Level: 4-6

Details: 13 min., 1995, AGC United Learning

Synopsis: Students will observe and learn the keys for respecting the feelings of others, being sensitive and careful about words said to others, and respecting the appearance and features of others.

RESPECT FOR PROPERTY AND AUTHORITY (RESPECT SERIES)

Grade Level: 4-6

Details: 14 min., 1995, AGC United Learning

Synopsis: Students will observe and learn practical ways for giving due respect to parents, teachers, and other authority figures. Students will also learn simple strategies for respecting their own property as well as the property of others, including school property.

UNCOMMON COURTESY (RESPECT SERIES)

Grade Level: 4-6

Details: 16 min., 1995, AGC United Learning

Synopsis: Students learn to define and identify the rules of common courtesy, such as politeness, taking turns, sharing, saying "please" and "thank you," and respecting the privacy and belongings of others.

YOU'RE RIGHT AND SO AM I (RESPECT SERIES)

Grade Level: 4-6

Details: 16 min., 1995, AGC United Learning

Synopsis: Students are given simple and effective strategies for showing respect for the ideas of others and learning to deal with differences of opinion, taste, and views.

THE ROOTS OF ADDICTION: DRUG AND BEHAVIORAL COMPULSIONS

Grade Level: Adult

Details: 32 min., 1999, CNS Productions, Inc.
Synopsis: This video examines the biological and environmental reasons that people become addicted to substances such as legal drugs, e.g., alcohol, tobacco, and prescription medications; illegal drugs, e.g., cocaine, heroin, and marijuana; or behaviors such as eating disorders, compulsive sexual activity, and compulsive gambling. Through the use of animation, live action, and graphics, the conflict between old brain cravings and new brain reasoning, even down to the cellular level, is explored.

SACRED TRUST: PROTECT YOUR BABY AGAINST FETAL ALCOHOL SYNDROME

Grade Level: 9-12, Adult

Details: 14 min., 1995, NCADI

Synopsis: This video, which was produced for use in the WIC program, addresses Fetal Alcohol Syndrome (FAS) and Fetal Alcohol Effects (FAE). Individuals of various Nations present messages that encourage women to say “NO” to alcohol. These messages are presented as a family of Plains Indians prepares to attend a powwow. While the individuals in the video represent a few Nations, the message is of vital importance to all Native Americans and Alaska Natives.

SAFE SCHOOLS -----SAFE STUDENTS

TIME TO TELL FOR STUDENTS (SAFE SCHOOLS, SAFE STUDENTS PT. 1)

Grade Level: 6-12

Details: 15 min., 1999, Performance Resource Press

Synopsis: Ideal for middle school through high school audiences, this video encourages kids to tell someone in authority when violence seems imminent. Four vignettes bring home the point.

* ANDY tells what he did when his friend reached the point of wanting to harm a teacher.

* MEGAN tells how she helped a classmate whom she believed was suicidal.

* ANGEL describes what led her to speak out when the boy she was dating became abusive to her.

* BEN describes his remorse at not coming forward when his friends were plotting “something awful” at school.

UNDERSTANDING VIOLENCE: IDENTIFYING TROUBLED KIDS, FOR TEACHERS, STAFF AND PARENTS (SAFE SCHOOLS, SAFE STUDENTS PT. 2)

Grade Level: Adult

Details: 15 min., 1999, Performance Resource Press

Synopsis: This video lists behaviors that could indicate a potentially violent young person and suggests ways to intervene based on guidelines published by the US Department of Education in “Early Warning – Timely Response”.

SCHOOL BASED HEALTH CENTERS: BRINGING HEALTH CARE TO KIDS

Grade Level: Adult

Details: 22 min., 1997, National Conference of State Legislatures

Synopsis: How do you make the world safer for children? State legislatures across the country are faced with the problem of providing health care for uninsured children. School-based health centers offer one option. This videotape discusses what they are, whom they serve, services provided, financing and the role of state legislators.

SEXUAL HARASSMENT (TEEN ISSUES SERIES)

Grade Level: 7-12

Details: 17 min., 1996, AGC United Learning

Synopsis: The focus of this program is to enlighten teen viewers about what sexual harassment is and how to stop it. Through various accounts of individual teens that were sexually harassed by their classmates, and through interviews with therapists and people close to the victims, teens are shown healthy ways to respond to and speak up about a very real dilemma.

SMOKING: TRUTH OR DARE? THE TEEN FILES

Grade Level: 4-12, Adult

Details: 34 min., 1998, Aims Multimedia

Synopsis: Students understanding of the risks of tobacco use is reinforced as they learn that smoking kills more people each year than AIDS, drug abuse, car accidents and murder-combined. A graphic media complement to live classroom activities, the program demonstrates to teens who use tobacco exactly what this deadly habit is doing to their bodies.

SOBRIETY: STRAIGHT UP

Grade Level: Adult

Details: 33 min., 2000, GWC

Synopsis: Filmed at the Gateway Free & Clean Program in St. Louis with a group of recovering addicts, Delbert Boone addresses addiction, recovery and sobriety. He emphasizes that an important part of recovery and sobriety is recognizing and understanding that not everything that has happened in their life is bad. He explains how most addicts have developed some very positive qualities such as creativity, consistency, diligence, determination and being able to deal with adversity. He illustrates how the addict engages choice, and outlines how these same positive qualities can be used during recovery to help them stay straight and maintain healthy sobriety.

SOY TU HIJO (I AM YOUR CHILD)

Grade Level: 9-12, Adult

Details: 29 min., 1997, Reiner Foundation

Synopsis: The new research in brain development tells us of the vital importance of the relationship between caregiver and child in the critical first years of life. New parents have a wonderful opportunity to help their child reach their full potential. This video includes information on: bonding and attachment, communication, health and nutrition, discipline, self-esteem, childcare and self-awareness. (Available in Spanish and English)

STILL SMOKING? LILY HELPS

Grade Level: 9-12, Adult

Details: 12 min., 1998, AGC United Learning

Synopsis: Lily's sister Ana has been smoking since she was fifteen years old. Now that she is pregnant, Ana is determined to quit. Viewers join Ana as she tries everything from acupuncture to the nicotine patch. When she decides to join a smoking cessation group, Ana finds support and encouragement from others like her. Here she learns about the Five D's to quit smoking: Delay the craving; Do something else; Drink water; Deep breathe and Dialogue with a friend. Ana begins to become more aware of her feelings so she can deal with them—without turning to cigarettes. Viewers learn, as Ana learns, important information on the effects of cigarette smoke on the fetus as well. In the end, Lily and Ana's efforts are successful—Ana knows she won't go back.

THE STORY OF A SPIT TOBACCO USER

Grade Level: 5-12, Adult

Details: 19 min., 1999, Intermedia

Synopsis: Former chewing tobacco user and professional baseball player Rick Bender speaks to students in this video about what caused him to begin "dipping," his addiction to "chew," his development of oral cancer, and the eventual loss of part of his jaw, tongue and facial tissue as a result of the cancer. Rick also exposes myths about the "safety" of smokeless

tobacco and the glamorization of smokeless tobacco by athletes.

STRAIGHT DOPE: THE MAKING OF A COMMUNITY LEVEL INTERVENTION

Grade Level: Adult

Details: 35 min., 1996, San Francisco Department of Public Health

Synopsis: This video talks about community level intervention with using/abusing teens. The focus is on keeping them safe (harm reduction) until they choose to help themselves. **This video contains explicit language.**

SYSTEMIC COUPLES THERAPY FOR SUBSTANCE ABUSING WOMEN

Grade Level: Adult

Details: 50 min., 1993, Purdue University

Synopsis: The systemic Couples Therapy Model is designed to be a twelve-session addition to a traditional drug treatment program. The purpose of the SCT Program is to help women clients get off drugs and or otherwise meet their drug treatment goals by focusing on the interplay between their family relationships and their drug use.

TACTICS HABITS THAT BLOCK CHANGE (COMMITMENT TO CHANGE SERIES pts. 4-6)

Grade Level: Adult

Details: 3 @ approx. 30 min. each, 2000, FMS

Synopsis: Tactics are habitual ways of acting that keep people stuck in destructive lives. Tactics are ways to take control and build walls to shut out those who would help us. They block the most crucial step in change: looking at ourselves. When clients become aware of tactics and how they use them, change becomes possible.

PART 4: Attack: "You're the problem, not me."

Diversion: "I'll change the subject.", Minimizing: "It's no big deal."

PART 5: includes: Casing People Out: "I'll feed you what you want to hear." Generalizing: "Everybody does it. Why not me?" Silence: "I don't feel safe—I'll shut down (I'll take control)"

PART 6: where the group takes a hard look at practical, step-by-step ways to move beyond tactics – and open the way toward a life that is truly free.

TAKE BACK YOUR LIFE

Grade Level: 6-12, Adult

Details: 45 min., 1999, Intermedia

Synopsis: Created as a follow-up to “Smokescreen”, this video reaches out to today’s nicotine addicted youth and the people who care about helping them understand the urgent need to become tobacco-free. As a former “Winston Man” in the eighties and a 3-½ pack-a-day smoker, Dave Goerlitz shares his unique experiences with the tobacco companies, their message and their motives. He also talks about his experiences as a teenager and the timeless pressures that led him to tobacco. This video features segments from Dave’s high school assembly program, dialogue with teens who smoke and thought-provoking insights and narratives from Dave.

TAKING CHARGE

Grade Level: 7-12

Details: 26 min., 1997, AGC United Learning

Synopsis: High school students must face difficult issues. Sexism, racism and homophobia are social issues that are more than just textbook terms, they are part of everyday reality in students lives. Taking Charge shows teenagers embarking upon several initiatives to address these issues in their schools. By seeing how these students shape these initiatives and listening to their own personal testimonies, the viewer is encouraged to re-examine his/her definitions of “violence” in schools and to identify ways to apply effective changes.

TALKING HELPS

Grade Level: 6-12

Details: 28 min., 1989, AGC United Learning

Synopsis: This video shows teens how to help their friends as well as themselves work through problems by using “*The Helping Skill*”, a sequence of vignettes shows young people using these skills in a variety of situations, from academic pressures to relationship and family problems. Throughout this four-part video, viewers have a chance to practice and discuss the steps of the skills.

THINK: VIOLENCE IS FOR PEOPLE WHO DON'T (VIOLENCE PREVENTION KIT)

Grade Level: Adult

Details: 23 min., 1997, Harvard Pilgrim Health Care Foundation

Synopsis: The Violence Prevention Kit contains this video that covers topics such as Shaken Baby Syndrome, Dating Violence, Street/Gun Violence, using humor to avoid violence, conflict resolution and self-esteem. **Not all vignettes are suitable for all age groups and should be previewed before showing to youth.**

TOBACCO X-FILES

Grade Level: 8-12, Adult

Details: 28 min., 1998, FMS

Synopsis: This program combines hard facts with an X-Files take off to present the truth about smoking and spit tobacco. Interviews with cancer patients and current and former teen tobacco users are used to educate teen users about the damage they are doing to their bodies and the future that awaits them if they don’t quit now. By the end of the program, no smoker, young or old will be able to argue that using tobacco is not deadly.

TOUGH GUISE

Grade Level: 9-12, Adult

Details: 57 min., 1999, Media Education Fdn.

Synopsis: Tough Guise is the first educational video geared toward college and high school students to systematically examine the relationship between images of popular culture and the social construction of masculine identities in the U.S. at the dawn of the 21st Century. PART 1: Understanding Violent Masculinity (25 min.) Introduction/Upping the Ante/The Tough Guise/The School Shootings, PART 2: Violent Masculinity in Action (30 min.) Constructing Violent Masculinity/Sexualized Violence/Invulnerability/Vulnerability/Better Men.

TREATING CD IN DEAF CLIENTS

Grade Level: Adult, Closed Captioned

Details: 92 min., 1993, Minnesota Chemical Dependence Treatment Program for Deaf & Hard of Hearing Individuals.

Synopsis: This is a professional development forum presented by Cynthia Weitzel, Consultant for the Minnesota Chemical Dependence Program. This video focuses on the treatment process: evaluation, treatment, and aftercare.

TREATMENT WORKS: BILL MOYERS CONFERENCE 9/21/98

Grade Level: Adult

Details: 120 min., 1998, Maine Office of Substance Abuse

Synopsis: This is a lecture given by Bill Moyers at the Treatment Works Conference held in Portland ME, September 21, 1998. Dr. Robert E. McAfee presents the final portion of the presentation.

TRUTH ABOUT BODY IMAGE: THE TEEN FILES

Grade Level: 9-12, College

Details: 21 min., 2000, Aims Multimedia

Synopsis: This video forces the teens in the program and the viewers to confront how popular ideas of “beauty” damage teens physically and psychologically and informs teens that they don’t need to conform to societal standards of beauty, and that constantly pressuring oneself to look a certain way is no way to live.

TRUTH ABOUT HATE: THE TEEN FILES

Grade Level: 6-12

Details: 32 min., 1999, Aims Multimedia

Synopsis: This program explores the origins of hate through the eyes of today’s teenagers as they come face to face with their own racism, ethnic bigotry, religious hatred, and sexual discrimination. Through interactive experiences with other teens who are different from themselves, and emotional encounters with people who have been victimized or affected by hate due to family and social ties, these young people gradually learn to face the destructive reality of their prejudices.

THE TRUTH ABOUT SEX: THE TEEN FILES

Grade Level: 7-12

Details: 45 min., 1999, Kinetic

Synopsis: Does discussing sex make you feel uncomfortable? Most people agree it’s easier to have sex than to talk about it. The choices you make can affect your life, and the lives of those who are close to you. A teen couple witnesses the consequences of unplanned pregnancy and the health risks involved. Hear what teens and their parents have to say about sex in a candid discussion to see what’s really going on with relationships today. Four teens learn about the dangers of unsafe sex as they tour a microbiology lab and hear from a woman infected with the AIDS virus.

THE TRUTH ABOUT TOBACCO (PATRICK REYNOLDS)

Grade Level: 9-12, Adult

Details: 42 min, 2000, Aims Multimedia

Synopsis: Patrick Reynolds, grandson of tobacco magnate R.J. Reynolds, tells teens the hard facts about smoking and other tobacco use. Through satirical ads, cutting-edge advertising, and striking personal stories. Reynolds makes painfully clear the high price tobacco users pay, both physically and emotionally.

VIDEO GUIDE TO EVALUATING DRUG AND ALCOHOL PREVENTION VIDEO’S

Grade Level: Adult

Details: 15 min. 1993, The Media Group of Connecticut

Synopsis: Provides guidelines for evaluating drug and alcohol prevention videos. Illustrates criteria with excerpts from nationally disseminated drug prevention videos. Discusses style, accuracy of information and video quality.

VOICES OF EXPERIENCE: FOR NATIONAL ALCOHOL SCREENING DAY

Grade Level: 9-12, Adult

Details: 26 min., 2000, NIAAA

Synopsis: This video overviews alcoholism and problems with alcohol. Adults talk about their addiction and how they got help. Signs and symptoms are described: Use in dangerous situations, continued drinking in spite of problems (legal, social, medical), drinking more than intended, ability to drink increasing amounts, withdrawal and drinking to stop withdrawal, and unsuccessful attempts to stop or cut down. Other sections are: Rationalization and denial, impact on others, stigma, co-occurring disorders, seeking help, treatment and recovery

WALKING THE SAME LAND

Grade Level: 9-12, Adult

Details: 42 min., 2000, NCADI

Synopsis: This video offers a holistic approach to substance abuse treatment. It targets young Indians who are returning to traditional cultural ways to strengthen their recovery from substance abuse. Young Aboriginal men from Australia share their culture and their healing with young Mohawk men from upstate New York.

WHAT FAMILIES CAN DO TO PREVENT AND INTERVENE WITH ALCOHOL AND DRUG PROBLEMS

Grade Level: Adult

Details: 57 min., 2001, CSAT

Synopsis: Part of a series of webcasts that discussed key issues related to Recovery Month 2001. This session discussed how families can get beyond their denial to stop a drug or alcohol problem before it starts and how to intervene in a loved one’s addiction.

WHAT IS SEXUAL HARASSMENT?

Grade Level: Adult, Closed Captioned

Details: 23 min., 1999, Kinetic

Synopsis: This program clearly defines sexual harassment, dramatizes typical situations, and gives ten steps to stop it. Illustrating actions once dismissed as normal adolescent “boys will be boys” behavior, this TV news-style program re-creates actual cases to show how both women and men can be victimized by unwanted advances and hostile environments at school and work. Updated to reflect 1999 Supreme Court decisions.

WORKING IT OUT TOGETHER: (STAFF VERSION)

Grade Level: 9-12, Adult, Closed Captioned

Details: 48 min., 1997, FMS

Synopsis: Features Drs. Lisa and Harry Webne-Behrman who offer mediation techniques through role-playing. Teaches educators and counselors how to train student peer mediators and set up a school-wide conflict resolution program.

WORKING IT OUT TOGETHER: (STUDENT VERSION)

Grade Level: 6-12, Closed Captioned

Details: 30 min., 1997, FMS

Synopsis: Features student mediators who demonstrate through role-playing Drs. Lisa and Harry Webne-Behrman’s techniques for peer mediation. Provides instruction and encouragement for students who wish to become peer mediators.

YOU HAVE TO LIVE IT: BUILDING DEVELOPMENTAL ASSETS IN SCHOOL COMMUNITIES

Grade Level: Adult

Details: 27 min., 1999, The Search Institute

Synopsis: Describes how schools around the country are building assets for and with students from elementary to the high school level. Teachers, principals, coordinators, and students provide firsthand accounts of how, both intentionally and informally, they have built assets in school communities and how others can do it.

YOUTH ARTS: ARTS PROGRAM FOR YOUTH AT RISK

Grade Level: Adult

Details: 25 min., Office of Juvenile Justice & Delinquency Prevention

Synopsis: The materials in this tool kit (a handbook, 2 videos, and a diskette) provide art agencies, juvenile justice agencies, social service organizations, and other community-based organizations with detailed information about how to plan, run, provide training, and evaluate arts programs for at-risk youth.

YOUTH VOICES

Grade Level: 6-12, Adult

Details: 26 min., 2000, Maine PBS

Synopsis: This 30-minute program documents the progress of four Maine Youth Voices groups from Carrabec, Fort Kent, Indian Island and Gorham, who are tackling the issues of underage drinking. Each group has had to address special concerns in their individual communities, but all of them have a common goal - to keep young people in Maine from using alcohol.

YOUTH VOICES 2001, [LIVE SHOW]

Grade Level: 6-12, Adult

Details: 60 min., 2001, Maine PBS

Synopsis: In this one-hour television special, student on-air hosts joined Maine PBS as their video documentaries were aired. Viewers called in with their questions or concerns. {see: **Maine Youth Voices 2001, Mini Documentaries**}

YOUTH VOICES 2001, [MINI DOCUMENTARIES]

Grade Level: 6-12, Adult

Details: 30 min., 2001, Maine PBS

Synopsis: Young people from four Maine Youth Voices groups located in Ashland, Rangeley, Surry & Cumberland County worked with Maine PBS to design their own 5-7 minute productions focusing on issues surrounding alcohol in Maine's communities. As the young people identified specific areas of concern regarding alcohol use, Maine PBS's production crews turned their tools over to the students to help them take a proactive approach in addressing their concerns.